



# AUTUMN 2024 MENU

For more information about food items, menus, or recipes; please speak to your on-site catering team, or contact our Technical Support Team:  
 E: [NYES.Catering@northyorks.gov.uk](mailto:NYES.Catering@northyorks.gov.uk) T: (01609) 535324  
 W: [www.northyorks.gov.uk/schoolmeals](http://www.northyorks.gov.uk/schoolmeals)

**Fresh fruit & yoghurt** available with every meal!



If your child has an allergy or special dietary requirements, please inform your school and our catering team, so we can discuss their needs.

We have highlighted the 14 allergens on our menus to help you make informed decisions. Some of our recipes include 'may contain' information, but this is not included on our menus. This information is however available on our daily allergen matrix. Please contact your school cook for further information.

**V** = Vegetarian



Our menus are not only tasty, but comply with the Government School Food Standards, meaning they are good for your children too. They will vary occasionally need to change due to circumstances beyond our control, so please check with your catering team if your child has any dietary requirements.

Find out if you are eligible to receive free school meals and apply in a matter of minutes by scanning here:  
[www.northyorks.gov.uk/free-school-meals](http://www.northyorks.gov.uk/free-school-meals)



	WEEK 1	WEEK 2	WEEK 3
<b>Monday</b>	Served w/c 2nd Sept, 23rd Sept, 14th Oct, 14th Nov, 2nd Dec, 6th Jan and 27th Jan V Sausage Roll V Cheese Whirl V Baked Baby Potatoes V Baked Beans V Crusty Bread ***** V Chocolate Biscuit Bar HL Chicken Korma V Sweet & Sour V 50/50 Rice V Cauli & Green Beans V Naan Bread ***** V Autumn Crumble Sponge & Custard	Served w/c 9th Sept, 30th Sept, 21st Oct, 18th Nov, 9th Dec, 13th Jan & 3rd Feb V Pizza V Mexican Veg Burrito V Potato Wedges V Peas & Sweetcorn ***** V Chocolate Brownie HL Curried Chicken Rice V Pasta Bake V Carrots & Broccoli V Crusty Bread ***** V Sticky Toffee Pudding & Custard	Served w/c 16th Sept, 7th Oct, 4th Nov, 25th Nov, 16th Dec, 20th Jan & 10th Feb HL Chicken Nuggets V Veggie Burger V Diced Potatoes V Vegetable Sticks V Homebaked 50/50 Bread ***** V Autumn Fruit Muffin V Creamy Cheesy Tomato Pasta V BBQ Rice V Medley of Vegetables V Homebaked Garlic Bread ***** V Iced Berry Bun HL Roast Chicken V Veggie Sausage V Gravy V Mashed Potato V Peas & Sweetcorn V Sliced Wholemeal Bread ***** V Lemon Drizzle Cookie
<b>Tuesday</b>	HL Sausage & Yorkshire Pudding V Vegetable Nuggets & Yorkshire Pudding V Gravy V Roast Potatoes V Carrots & Broccoli V Sliced Wholemeal Bread ***** V Jelly & Ice-cream	HL Minced Beef Pie V Broccoli Cheese Bake V Gravy V Mashed Potatoes V Medley of Vegetables V Homebaked 50/50 Bread ***** V Flapjack	HL Nacho Beef Bake V Quesadilla V Vegetable Rice V Carrots & Green Beans ***** V Chocolate Fudge Pudding with Vanilla Sauce
<b>Wednesday</b>	HL Spaghetti Bolognese V Shepard's Pie V Medley of Vegetables V Homebaked Garlic Flatbread ***** V Cheese & Biscuit	HL Meatballs in a Tomato Sauce with Pasta V Sweet Potato & Veg Curry & 50/50 Rice V Green Beans & Sweetcorn V Homebaked Garlic Bread ***** V Jammy Shortbread	Fish Fingers V Chilli Pitto V Chips V Ketchup V Mixed Salad & Grated Carrot V Homebaked Sunflower Seed Bread ***** V Oat Cookie & Cheese
<b>Thursday</b>	V Battered Fish V Sweet Potato Bake V Chips V Peas & Sweetcorn V Ketchup V Homebaked 50/50 Bread ***** V Banoffee Mousse Pot	Fish Star with Chips V Cheesy Bean Loaded Potato Skins V Chips V Ketchup V Sweetcorn & Peas V Crusty Bread ***** V Chocolate Orange Mousse Cake	
<b>Friday</b>			

Please be aware that we are unable to guarantee a completely food allergen-free environment, as foods containing allergens are used in the kitchen. Additional items may be available at your school. I.e. jacket potatoes and sandwiches. Please speak to your school for further information.