

Adelaide Primary School PE and Sport Premium Strategy/Policy 2024-2025



Introduction

The legacy of the London Olympics 2012 saw the introduction of the Primary School PE and Sport Funding which is focused on securing additional and sustainable improvements in the provision of PE and sport for the benefit of all pupils and to encourage the development of healthy, active lifestyles.

Rationale

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The government is committed to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day.

Eligibility and funding

Funding is paid to academies in two instalments usually in November and May and is based on the number of pupils in Years 1-6 in January census.

How to use the PE and Sport Funding Premium

School leaders know their schools best and so they have the flexibility to use the PE and Sport Funding Premium in the way that works best for their pupils as long as this provision *is additional and sustainable.* As such, schools should use the funding to:

- Develop or add to the PE, physical activity and sport that is currently provided
- Build capacity and capability with the school to ensure that improvements made now will benefit pupils joining the school in future years.

Schools should use the PE and Sport Premium funding to secure improvements in the following 5 priority areas:

1 Engagement of all pupils in regular physical activity, for example by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an *active mile initiative
- raising attainment in primary school swimming to meet requirements of the
- national curriculum before the end of key stage 2. Every child should leave primary school able to swim
- 2 Profile of PE and sport is raised across the school as a tool for whole school improvement, for example by:
- encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

3 Increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:

- providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

4 Broader experience of a range of sports and activities offered to all pupils, for example by:

- introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sport activities and clubs
- providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

5 Increased participation in competitive sport, for example by:

- increasing pupils' participation in the School Games initiative
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

Raising attainment in Primary School Swimming

Swimming is a national curriculum requirement and by the end of key stage, 2 pupils are expected to be able to swim confidently and know how to be safe in and around water.

The 3 national curriculum requirements for swimming and water safety are to:

- swim competently, confidently and proficiently over a distance of at least 25m
- perform a safe self-rescue in different water based situations
- use a range of strokes effectively
- The premium can be used to fund the professional development and training that is available to schools to train staff to support high quality swimming and water safety lessons for their pupils.
- The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons.

Accountability and Responsibilities

Schools are accountable for the use of their PE and Sport Premium funding and are expected to spend it for the purpose it was provided only.

Online reporting

Schools must publish details of how they spent their PE and Sport Premium funding by the end of the summer term, or by 31 July, of each academic year at the latest. Online reporting must include:

- the amount of premium received incl a full breakdown of how it has been spent
- the impact the school has seen on pupils' PE, physical activity, and sport
- participation and attainment
- how the improvements will be sustainable in the future

Schools are also required to publish the percentage of pupils within their year 6 cohort in the current academic year who met the national curriculum requirement to:

- swim competently, confidently and proficiently over a distance of at least 25m
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations

Trustees are responsible for:

- Holding Trust leaders to account in order to ensure the PE and Sport Premium funding
- Grant:
- Develops or adds to the PE, physical activity and sport that is currently provided
- Builds capacity and capability within the schools to ensure that improvements made now will benefit pupils joining the school in future years.

The CEO and Deputy CEO are responsible for:

• Monitoring the allocation, implementation and impact of PE and Sport Premium spending for all schools;

Local Governing Bodies are responsible for:

- Agreeing and approving annual PE and Sport Premium statements;
- Ensuring the school meets its statutory responsibilities for PE and Sport funding spending, including publication on the school website.
- Refer to the scheme of delegation for supported schools as approval of PE and Sport Funding Premium spending must be given by the CEO.

Headteachers / Principals are responsible for:

- Writing annual PE and Sport Funding Statement Pupil Premium statement using suggested guidance and agreed templates;
- Reviewing the PE and Sport Funding statement for the previous academic year using agreed guidance and templates;
- Ensuring agreed strategies are effectively implemented and monitored so that they lead to the desired impact
- Publishing statutory information on the school's website;
- Producing termly updates relating to the use and impact of funding to LGB and the Trust.

Teachers and other school staff are responsible for:

- Ensuring they have an accurate understanding of their role in the implementation of the school's PE and Sport Funding strategy and any personal or pupil barriers to achievement;
- Implement the school's PE and Sport Funding strategy (as appropriate to their role).

DfE PE and Sport Premium guidance https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools

Association for Physical Education - FAQs http://www.afpe.org.uk/physical-education/wp-content/uploads/Premium-FAQ-Final.pdf

Swim England https://www.swimming.org/schools/

Youth Sport Trust https://www.youthsporttrust.org/PE-sport-premium

Good practice examples <u>https://www.activenotts.org.uk/uploads/primary-pe-and-sport-premium-good-practice-examples.pdf</u>

Active Partnerships http://www.activepartnerships.org/active-partnerships

DfE - Teacher Blog

https://teaching.blog.gov.uk/category/pe-and-sport-premium/

Public Health England

https://www.gov.uk/government/publications/what-works-in-schools-to-increase-physical-activitybriefing

School Games website https://www.yourschoolgames.com/

PE and Sport Premium Survey Research Report https://www.gov.uk/government/publications/primary-pe-and-sport-premium-survey

School Sport and Activity Action Plan

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/84 8082/School_sport_and_activity_action_plan.pdf

Chief Medical Officer guidance

https://www.gov.uk/government/publications/physical-activity-guidelines-uk-chief-medical-officersreport

School Adelaide Primary School	Pupils Y1-Y6	Funding approx. £19,520
Academic year/s covered by statement 2024-2025	Publish date July 2024	Review date July 2025
Headteacher Kirsten Bradley	Subject lead Fay Johnson	Governor lead Jonny Rogers

Priority Area	Intent	Implementation and £ spend	Impact (Success criteria)
Priority Area 1 The engagement of all pupils in regular physical activity	Enhance participation in, and enjoyment of, physical activity and Sports at lunch time	 Lunchtime supervisor via OPAL (£4000) Audit, maintain and increase play equipment available for active play at break times lunchtimes. (£1000) 	 All children continue to have at least 30 minutes quality physical activity per day Change 4 Life clubs run regularly in KS1 and KS2, and target less physically active children 100% classes have access to lunchtime provision that encourage and supported active/physical play. Additional 10 pupils trained to become Adelaide Play Ground Pros
	Raise attainment in primary school swimming	 Offer additional lessons to children in Y3 to pre- load before they attend their lessons n Y4. (£4000) 	• Increased % of swimmers able to swim competently, confidently and proficiently over a distance of at least 25m from 7% to 25%.
Priority Area 2 The profile of PE and sport is raised across the school as a tool for whole-school improvement	Ensure all children are taking part in at least 2 hours of quality physical activity weekly	 Liaise with teachers over timetables to ensure that 2 PE lessons a week are achieved (£0) KS celebration assemblies to incorporate efforts within PE sessions, clubs, at playtimes and lunchtimes (£0) Review and refine PE progression document to ensure provision is cohesive, progressive and rigorous. (SL time/ Coaching time £1200) Staff INSET is used to support outcomes of staff audit. (£0) 	and has clear small steps of progression identified across the years and through different strands of PE

Priority Area 3 Increased confidence, knowledge and skills of all staff in teaching PE and sport	Further develop staff knowledge, skills and understanding to ensure effective delivery of the PE curriculum	 Bespoke support for identified staff. Sports coach to work with identified teachers of a unit of their choosing throughout the school year to develop competency and confidence (£5000) 	 Informal coaching feedback shows that 100% teaching of PE is at least good in all classes Outcomes of staff CPD audit show an increase in confidence, knowledge and skills for all staff
Priority Area 4 Broader experience of a range of sports and activities offered to all pupils	Enhance the participation in, and enjoyment of, PE and sport within and outside the school day.	 Take into account pupil voice outcomes and offer a range of after-school clubs for KS1 and KS2 (£2600 overtime) Ensure that Inclusion sports are included in intra-school provision and after-school clubs (£0 costed above) Use intra-festivals and collapsed curriculum days to broaden chn's experience of a range of sports including Inclusive sports and activities for low-confidence children (£1800) Develop leadership experience into lessons and clubs for KS2 children Track participation of all groups of children across the years and use pupil voice to gather views of all pupils. Use outcomes to inform future clubs provision 	 All children will be given the opportunity to take part in a broad range of extra-curricular activities with their peers. Tournaments targeted at Years 3-6 with around 40% of children taking part in at least one. A range of sports clubs offered for KS1 and KS2 across the year Intra-festivals carried out termly for all classes.
Priority Area 5 Increased participation in competitive sport.	To increase the number of competitive sporting activities that are on offer to the children to promote physical activity and to nurture talent.	 Enrol with HAS (Humber Active Schools) and select a range of tournaments to attend across the school year (£1800) In house class competitions to promote physical exercise and skills development. PE Lead release (£1200) 	 All children will be given the opportunity to take part in competitive sport with their peers through intra and inter-tournaments Sport and 'being active' messages have a higher profile in the school community

	Key achievements to date until July 2024		Areas for further improvement and evidence to support this
•	Two sessions of CPD for lunchtime supervisors ensured that they were equipped with the knowledge and power in their role over lunch time including, game set up and supervision and working alongside the Playground Pros. The second CPD session ensured that new supervisors received the previous messages and new games and strategies were introduced to all.	•	To embed and develop the range of sports and activities which pupils have access to throughout the day and in after school clubs.
•	Effective use of an in-house sports coach developed teacher's skills in varying units of PE. Staff have said "The Sports Coach pulled out the main parts of the lesson plan and explained why she did this and how it benefitted the children'. 62% of staff said they found the CPD sessions useful. The Sports Coach specifically sports Gymnastic and Dance sessions but some staff feel confident with this now having being supported by her in the previous academic year so she has now moved onto supporting in competitive games.	•	To continue to develop the CPD needs of all staff teaching the PE curriculum – <i>PE specialists to work alongside staff in</i> <i>lessons, also organise CPD twilight</i> <i>sessions or online opportunities.</i>
•	 The programme of 'Playground Pros' continued and this led to: Training Leadership Playground provision Pupil voice 	•	To ensure termly intra-festivals give 100% of children access to competitive sports Continue to fund transport to and from competitive sports opportunities to
•	Provision of extra curricular sports clubs increased. Over the year children had the opportunity to join football, dance and gymnastic clubs.		ensure that the maximum number of children possible have access to them
•	The school took part in and organised their own competitive sports throughout the year. Over the academic year, nine competitions were entered: football (girls and boys), dance, Boccia, multisport. In the Spring term, we set up an intra class festival, were classes competed in competitive games. This enabled all pupils to take part in a competition and feedback from pupils was positive – it created a healthy sport buzz around the school.	•	Further investment in swimming needed to target children in Y5-6 to achieve 25m before they leave school. To develop leadership opportunities for all children in KS2 (playground
•	The profile of PE is increasing and will be built upon in the next academic year.		pros, within lessons).

Meeting National Curriculum requirements for swimming and water safety – current Year 6 pupils		
% of current Year 6 cohort who swim competently, confidently and proficiently over a distance of at least 25m	7% tbc	
% of current Year 6 cohort who can use a range of strokes effectively (eg front crawl, backstroke, and breaststroke).	12% tbc	
% of current Year 6 cohort who perform safe self-rescue in different water based situations	100% tbc	
School used Primary PE and Sport Premium to provide additional swimming over and above national curriculum requirements.	Yes (pre-loaded Year 3 pupils x 1 week	